



Dinnington High School Newsletter

Head's Lines

I hope you all had a good half term break in the sun.

It has been a bit of a confusing week with all the various announcements coming from the government. We hope you are clear on lockdown expectations. Importantly, remember lockdown has not ended; it is eased but we all need to stay safe and be careful.

We are continuing to work on our plans for Y12 & Y10 phased returns but 15th June & 22nd June (respectively) remain as unconfirmed dates at the moment.

In the meantime, please enjoy this issue. We have the usual rewards information as students keep impressing us and a special shout out for our maths department (see p. 5)

More amazing art work, fantastic student achievements, and thought-provoking photography.

We have also now got transition pages on Facebook and Twitter for Y6 families so if you know someone coming to join us in September, give them a point in the right direction. A few highlights are included in here.

As ever, we love getting your emails about the #unschool activities you are getting up to safely in lockdown. Keep sending them in on homeworking@dinningtonhigh.co.uk.

Stay safe and try to stay mainly at home.

Ms Staples

Achieving Excellence



This is the moment when Tobias crossed the finish line after 70 days of walking a marathon in lockdown, 750 metres per day. Some students will recognise his mum Ruth Garbutt who worked at Dinnington for 18 months before moving onto our sister school Eckington. She still pops back when she can to see how we are doing.

Nine year old Tobias has cerebral palsy and autism. At the start of lockdown. He struggled to walk 50 metres per day with his walker. Through hard work, grit and determination, he has pushed himself to 750 metres, and quite a lot of those are uphill. It is still very hard for him but he is stronger and more confident. His aim was to raise £500 for Sheffield Children's Hospital and Paces (his specialist school). His school needs a new building desperately, and he wants every child going into hospital to have jelly! As we went to press, he was just over £90,000. By the time you read this, it will be even higher.

This monster marathon attempt was nicknamed his #ginormouschallenge and thanks to the inspiration from Captain Tom, he is now known as Captain Tobias. If you want to see his original campaign video. Follow this link: <https://www.justgiving.com/crowdfunding/ruth-garbutt-3> We are proud to have Tobias in our extended Dinnington family.

One of our joint winners of the Lockdown Flat Lay photography competition, Madison F, has used her photography talent to prompt us to think about what has been happening in the States and the current protests around the world to ensure we all understand the message Black Lives Matter.



The Dinnington Way: Kindness, Respect, Excellence

You know #TeamDinno...we never like to miss out on a sporting challenge. Keep your eyes peeled for more details of the Team Dinno Games.

These two photos are part of Madison's photo project exploring lockdown. #proud



#Unschool & school activities we loved

A snapshot of things you have been up to at home



Well done to Jasmine E for helping at the Manor Top food bank with her grandparents. She spent her half term making almost 600 labels the foodbank needed. Great to see students contributing through volunteering. #Proud



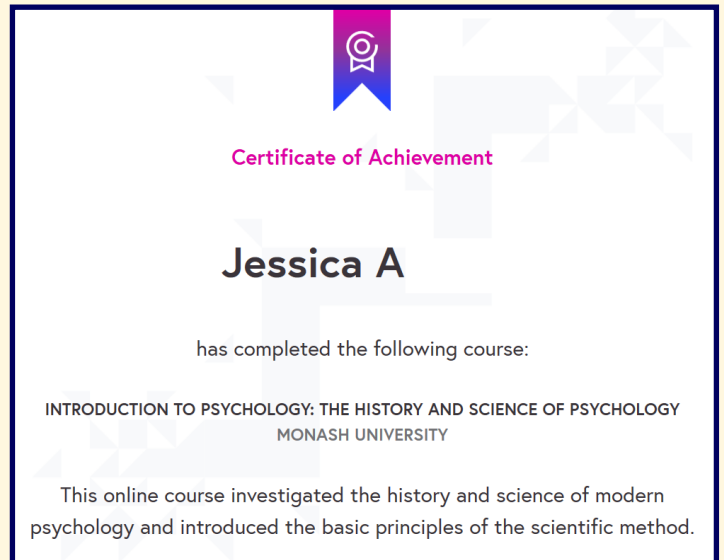
Well done to Dom G. Remember the iPhone locker he made that we showed in a previous issue? Well he sent the photos off to Blue Peter. And guess what?? He got a badge. Almost as good as a Golden Ticket.

He also found time to bake a rainbow cake too.

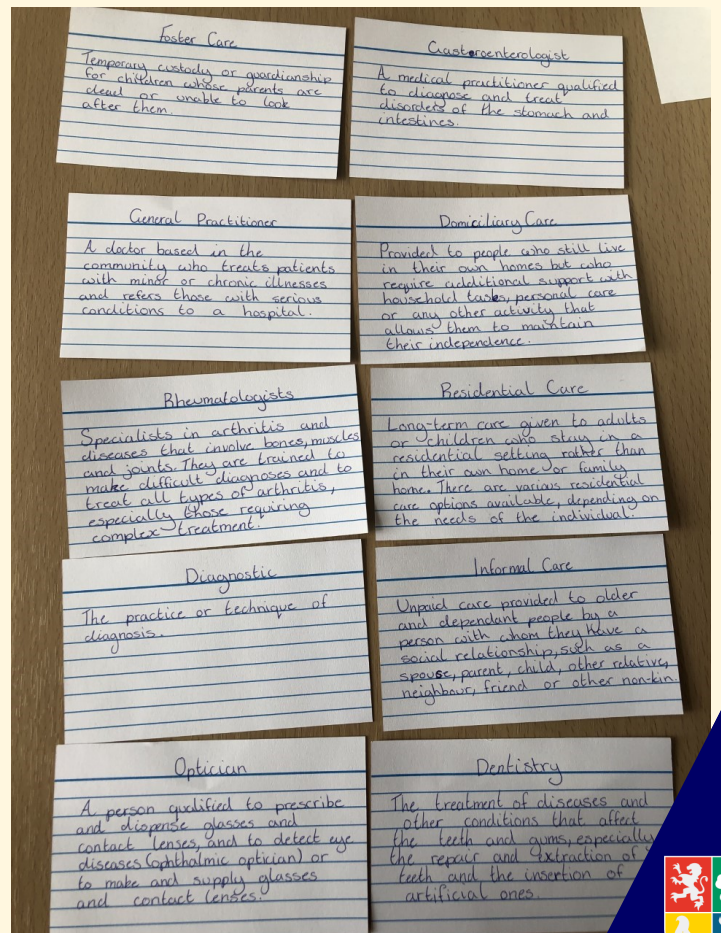
#Proud



Jess A, Y11, has made an impressive start to her bridging work for studying psychology in sixth form. Great extended learning. Well done, Jess.



Summer N in Y9 has been working hard on her health & social care research, making flash cards to help her prepare for her coursework.



#Unschool & school activities we loved

A snapshot of things you have been up to at home

We have loved receiving Y6 photos as part of their first challenge. They had to take photos of something that makes them happy. They are clearly going to be a truly happy year group who love to be active. There are lots more pictures on our Transition Facebook page.

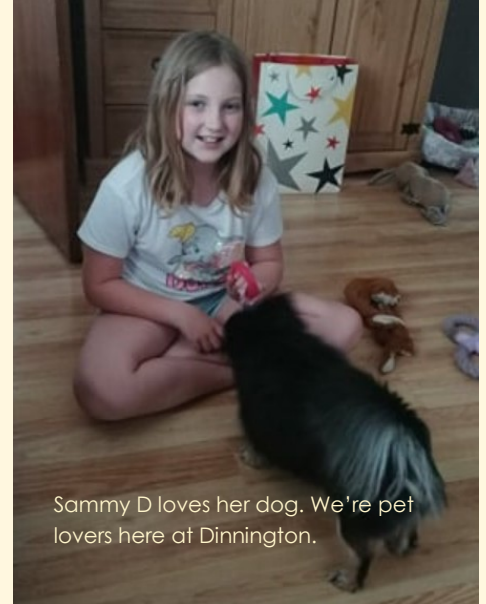
Oliver D keeping up with guitar practice.



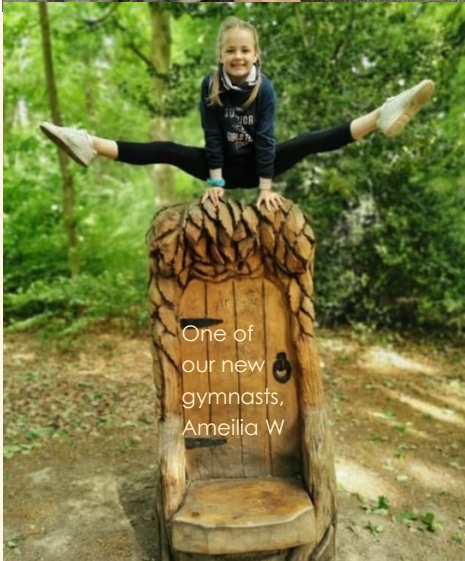
Emily F scootering downhill.



Sammy D loves her dog. We're pet lovers here at Dinnington.



One of our new gymnasts, Ameilia W



Lewis enjoying his football in lockdown.



Finlay T enjoying his bike ride... don't try this at home!



Cole G doing all things sporty in preparation for Sports Tour 2024



Logan B loving her swimming.



Mikayla S enjoying connecting with friends on X Box.



Top performers & rewards of the week

More vouchers excavated from Mr Grenham's safe

The half term ended with Mr Grenham inundated with even more requests for prizes and golden tickets.

Memrise: Millie M & Lydia S

Hegarty: Tristan H & Rebecca D

GCSE Pod: Matilda F

SMHW: Liam F

Seneca: Samir R

AR PAC-Man: Alex A

AR top quizzers: Lexi J, Lydia S, Jake C

5500th GCSE Pod: Josh B

Y12 CBA: Natasha W & Ellie R

And this week's lucky winners of the **Golden Ticket draw:**

Lily B, Kacey C, Sam W & Louis B

Message from Mr Grenham:

"Keep going with the hard work, we understand it can be difficult, but you are doing an amazing job. Well done! #TeamDinno #TheDinningtonWay"

Hegarty Hard Work

Mr Sinclair was a happy man at the end of last half term. We have ended in the top 10% of all Hegarty schools nationally — again.

Looking at the whole half term, you did a whopping 112,817 questions, watched 270 hours of videos, and completed 2134 hours of maths work on Hegarty.

We are also so proud to report that our amazing maths teachers gave so much feedback to students that we are the 18th school in the entire country for giving feedback. That puts our maths team in the top 1% nationally. Thanks Team Maths!

We are proud to be a Reading School. We all know that #ReadingMatters but did you know that there is firm evidence that students who read regularly do better in all exams not just in English. So do yourselves a favour and take part in the Summer Reading Challenge.

The Hegarty star performers from the last week of the last half term:

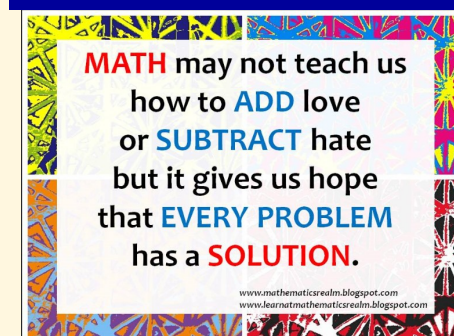
Y7: Logan S, Oliver A, Liam F, Jake S, Madeleine C, Tristan H, Dom G

Y8: Ava G, Noah E, Mia S-J, Alfie A, Rebecca D, Reece G, Elizabeth D

Y9: Gabriel C, Kiera W, Isabelle M, Autumn H, Fearne A, Evie R, Alex O, Andreea N

Y10: Thomas E, Ruby M, Bryce E, Mollie G, Ella S, Deysha P, Ellie-Mae F

Great work #TeamDinno. Keep up the hard work. And if you slipped off the Hegarty wagon last half term; time to climb back on board and get calculating. Mr Sinclair



DHS Summer Reading Challenge



This year's DHS Reading Challenge is in the form of a bingo grid! How many boxes can you complete?

Write a short review of each book that you read (can be handwritten or typed) and you will be awarded an Excellence Point for each text you read in the bingo categories. Each review will also act as a 'ticket' into the September book-themed prize draw; the more books you read and review, the more times your name is popped into the hat, the more chances you have of winning something! Remember to include your name/form/titles of books read and the category they are in, along with your opinion on each text. Each book will only be counted once, even if it fits in to more than one category.




































A book that includes an adventure.	A book that you find challenging to read.	A non-fiction book.	A book set in a magical land.
A book that has been made into a film.	A book that includes a mystery.	A book that your parent/carer read when they were a child.	A short story.
A graphic novel or a comic book.	A book over 100 pages long.	A book that makes you smile or laugh.	A book by an author you haven't heard of before.

Our Summer Reading Bingo Challenge starts from Monday 1st June 2020, and you need to have sent in your reviews via email to Miss Dickinson (h.dickinson@dinningtonhigh.co.uk) or to your Form Tutor, before 3pm on Friday 11th September 2020 to be entered into the prize draw. Remember, you can currently access lots of free stories digitally through sites such as Rotherham Online Library, as well as reading free e-books or listening to audiobooks, if you prefer. Happy reading ©

Students have been sent this calendar as part of their Life lessons this half term. We're sending a copy to you to print off for all the family to join in.

The power of kindness calendar

Use your calendar to record your daily kindness acts.

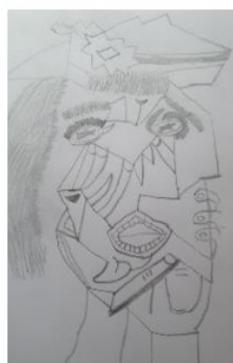
month		year				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						
						
						
						
						



Congratulations

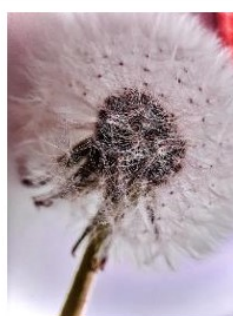
Being kind sends a powerful message about our connections to each other and the world around us.

Art & Photography Journal

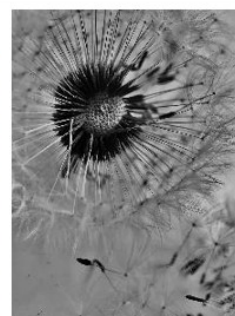


Sophie M Y8

Mia S-J Y8



Millie M Y10



Grace B Y7



Aleisha F Y10



Bianca T Y8

We love seeing family art.

Crystal L Y7, and her brother had a go too!



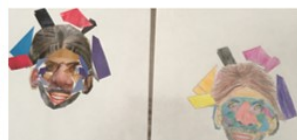
Chrissy M Y10



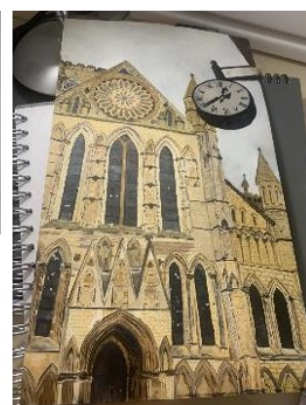
Hannah D Y8



Tristan H Y7



Kacey C Y8



Ayla W Y10

Kacey C Y8



Robbie G Y7



Ethan S-H Y7



Freya L-J Y7



Art & Photography Journal

We're really pleased to see more #AlphabetPhotography...have a go and send it to Mrs Short: k.short@dinningtonhigh.co.uk.

Mia B Y9



Dominic T Y7

Lacey B Y9



Riley B Y8



Jake S Y7

With his mum and sisters version. Well done.



Sister



Mum



Kacey C Y8



Millie W Y12



Alva W Y10



Archie M Y7

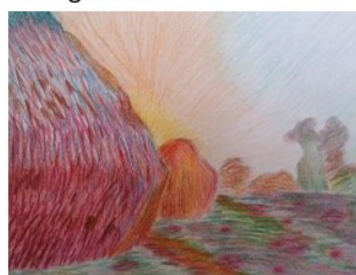


Will A Y9

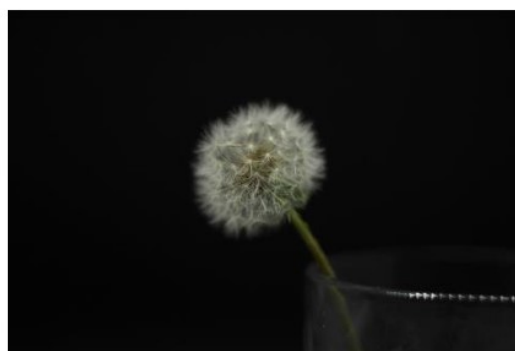


Molly M Y10

Morgan T Y9



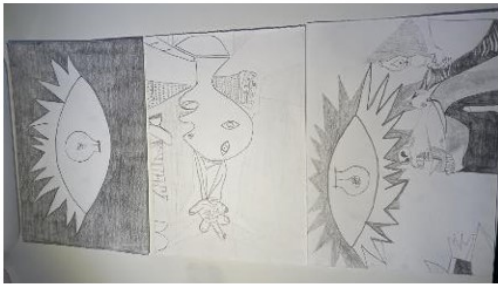
James T Y8



Liam S Y7



Art & Photography Journal



Georgia F Y9

Henry P Y8



Cameron C Y9



Grace H Y7



James T Y8



Millie C Y8

Imogen H Y7



Ellie H Y7



Olivia A Y7



Natasha W in Y12 has been working hard on her psychology research and notes to help her learn and remember.

Psychodynamic Approach - Freud (1900's)

Assumptions

- Our behaviour and feelings are influenced by **unconscious drives**.
- Our behaviour and feelings (normal and abnormal) stem from childhood experiences - **deterministic**.

The Unconscious

- Most of our daily actions and behaviours are a product of our unconscious mind. Reveals itself through: **fantasies, dreams, creativity, mental illness (neurosis)**. Mind actively prevents traumatic events from reaching conscious using **defence mechanisms**.

Psychosensual Stages

1 Oral (0-2 years)

- Very ID dominated.
- Pleasure comes from the mouth in the form of sucking and eating. Eg - toys, breasts.
- Too much** - Oral gratification can lead to smoking, drinking, over eating or nail biting.
- Too little** - Lead to pessimism or aggression towards others. Suggested to link to eating disorders.

2 Anal (2 to 3 years)

- Pleasure comes from the anus - holding and expelling faeces.
- Beginning of ego development. Infants are aware they are their own person but have to meet demands of others.
- First conflict is toilet training.
- End when we can and can't do something. This determines response to future authority.
- Harsh/strict** - toilet training leads to **anal retentive** adults (very clean, tidy).
- Liberal** - leads to **anal expulsive** (messy, unorganised, rebellious).

3 Phallic (3-5 years)

- Pleasure comes from the genitalia.
- Children start to notice their genitalia.
- Boys will experience the **oedipus complex**.
- Girls will experience the **Electra complex**.

4 Latency (6-12 years)

- Child mopes the world around them.
- Direct only sexual energy towards school / hobbies / friendships.
- Conflicts from earlier stages are resolved.
- Children cannot remember much of their early life.
- Children play with same gender.

5 Puberty + (Genital)

- Focus on mainly the genitalia but for the purpose of intercourse.
- Starts during puberty but can take years to complete.
- Sexual experimentation during adolescence is the conflict with the resolution being a long term relationship.
- Fixations in the first 3 stages develop our preferences for sexual pleasure.

Defence Mechanisms

- Help the ego resolve conflicts between the ID and superego and reduces anxiety.
- They're unconscious and support the ego in protecting us from being overwhelmed by trauma or threat.
- They distort reality and long term.
- Seen as psychologically unhealthy and undesirable.
- As children interact with the world their ego develops.
- Understands that people have needs and that selfish behaviour can hurt others.

Ego - Reality regulates thoughts and behaviours and is in touch with the demands of the external world.

ID - unconscious drives / instant gratification needed. (Pressure Principle)

Superego - Morals that form through our same sex parent and societal norms.

Psychodynamic Approach - Freud (1900's)

Denial - Refusing to acknowledge or accept the truth / reality.

Displacement - Transferring feelings from the true source to a substitute.

Repression - forcing a distressing memory out of the conscious.

Oedipus Complex (3-5 years)

- Boys begin to have unconscious sexual desires for their mum. They want to get rid of dad (rival). Fear their father knows their plan and develops **castration anxiety**. They eventually repress their feelings and **identify** with their dad.
- Little Hans** - Had a fear of horses which he compared to his father. His phobia was treated.

Electra Complex - (Jung 1913)

- Girls recognise they don't have a penis and blame their mother. Develop **penis envy**. Develop a love interest with their father but can't identify. They identify with their mum. Desire to have a baby boy to satisfy penis envy.

It is the strangest part of our psyche and makes decisions and compromises to avoid consequences.

- Seeks to reduce tension with a realistic strategy.
- Defence mechanisms** protect our ego if it feels its role.
- Unconscious drive for instant gratification / pleasure.
- Unconscious drive for instant gratification / pleasure.
- Present at birth until about 3.
- It's impulsive and selfish regardless of the consequences.
- Not affected by logic / reality of real life.

Develops around 5 years from the values and morals of society and parents.

- Responsible for guilt.
- Rewards us with pride when we behave properly.
- Holds our **ideal self**.

