

 Students thoroughly enjoyed learning life-saving skills.



Key stage 3 teacher
Balby Carr Academy
Doncaster

FIRST AID WORKSHOPS

7 August at 1.00-3.00 pm
Kiveton Young People's Centre
Ring to book on 01709 823774

British Red Cross offer engaging and interactive workshops designed to help 10-19 year olds learn essential first aid skills.

We provide free workshops in schools and youth work settings in areas where young people are at higher risk of experiencing a crisis related to drug or alcohol use.

Our educators deliver engaging, interactive sessions using thought-provoking and age-appropriate resources.

What do the workshops cover?

Young people will:

- > Build the **confidence and willingness** to help in a first aid emergency.
- > Learn essential **first aid skills** that are relevant to everyday life, including how to help someone who:
 - > is unresponsive (breathing/not breathing)
 - > is having a seizure
 - > is bleeding heavily
 - > has a head injury.
- > Assess and **manage risks** to make informed choices when helping others.
- > Break down barriers to helping others.



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