## What to do if my child is unwell? How poorly are they? Would you have kept your child off school before Covid? NO YES Keep your child off school • a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) • a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual) • a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal Most people with coronavirus have at least 1 of these symptoms. YES NO Does your child have an underlying chronic medical condition such as cystic fibrosis? Keep your child off school and at home Speak to 119 or go to the www.gov.uk/coronavirus Kids who are otherwise well website and arrange for a self-YES test to be done with: Your child and your household Runny noses Speak to their specialist must self-isolate until you have Sore throats without a team about testing the result of this test criteria if you haven't already seen or spoken Is the test positive? Mild colds to them or had a letter in the post telling you Can go to school AS NORMAL when to worry. Yes No 1) The child should stay at home until 10 days after they first The child can had symptoms (assuming they are well enough to then return to school come back to school.) [Rest of family off for 14 days] as soon as well 2) Let school know ASAP. We will call you back to find out enough. Let which students or staff have been within 2 metres of the school know it child for 15 minutes or more. is negative 3) We will ask teachers to send work home for if the student is well enough to do some of it.